

Job Opportunity

Children and Young People’s Counsellor and Wellbeing Practitioner

Salary of £28,203

37.5 Hours per week

Hours	Contract	Pension	Working Hours
Full or part time, negotiable	Permanent contract	Employer contribution 3%	Usually between 8am and 8pm Monday to Friday.

**Do you want to help children, young people and families live happier lives?
 Are you at your best working as part of a small and flexible team?**

If so, we’d love to hear from you.

Changing Futures North East believes that relationships are key to people’s wellbeing. We are looking for someone to join our small, growing Charity at an exciting time as we build on and develop our emotional wellbeing offer, delivered in partnership with the South Tees Mental Health Support Team. Our broad offer includes Adverse Childhood Experience recovery programmes for parents and separately for children, low/moderate/high intensity CBT, systemic family work, parenting, couple relationship support and youth work.

We are looking for people first and foremost that are great at building and sustaining relationships, and who meet the essential qualification requirements.

You will be eager to train in and deliver other interventions where they make use of and build on your talents to help children and families.

Working for a small Charity you will find that we aren’t process driven and ridged, but focused on enabling change and quickly adapting to be as effective as we can be. We ask for flexibility from our staff and make sure that we are as flexible and supportive as we can be with people that work with us.

You will join a Charity that has 20 years experience supporting children and families in Teesside. The range of projects delivered and supported by the Charity include a therapeutic fostering agency, mentoring and befriending programmes, emotional wellbeing projects and relationship support for parents in conflict.

You will deliver in person but have the flexibility to deliver digitally for those who need it or where required.

If you love working to help children improve their lives and think we are a good fit for each other, please get in touch to request an application form.

Role Description (Main Duties and Responsibilities)

Changing Futures North East –

Service Delivery

- 2.1) Engage with children and young people to build and maintain effective, supportive relationships that enable them to engage with CFNE.
- 2.2) To work with children and other family members to complete assessments and understand needs to determine the best approach, identifying areas the person wishes to see change.
- 2.3) To interpret assessments and recommend appropriate interventions that meet those needs; accept these via agreed protocols within the organisation.
- 2.4) As needed, work with parents to enable them to meet the needs of their family.
- 2.5) Provide community and school based one to one and group support for children and young people who have emotional well-being difficulties and/or mental ill health
- 2.6) Work under supervision to provide appropriate therapeutic interventions for children and young people experiencing mental health difficulties, within professional guidelines where commensurate with your qualifications and training, and within the overall framework of Changing Futures North East's policies and procedures.
- 2.7) Deliver other appropriate interventions where competent to do so
- 2.8) Support and empower children, young people and families to make informed choices about their work with you and involve them in the development of plans for the intervention and agreed outcomes.
- 2.9) Actively seek to educate and involve family members where possible, appropriate and in the child's best interests and work where possible and appropriate with the whole family whilst maintaining confidentiality
- 2.10) To work co-operatively with other professionals in children's services, health agencies and other community based services, to provide the most effective service for families. This includes attending relevant multi-disciplinary meetings and acting as lead professional as appropriate.
- 2.11) Proactively identify and respond to safeguarding risks (including to self and others) for children and adults in families.
- 2.12) To be responsible for ensuring robust case and session recording, report writing and producing and keeping management information including collection and analysis of information relating to outcomes.
- 2.13) Work in a way that that protects, respects and promotes the rights and responsibilities of individuals and families.
- 2.14) Ensure provision gives families appropriate opportunity for participation, developing and maintaining mechanisms for service user participation in line with relevant quality systems.
- 2.15) Operate within ethical and professional boundaries when working with families.
- 2.16) Ensure the maintenance of standards of practice according to the employer and any regulating bodies, and keep up-to-date with new recommendations/guidelines set by relevant organisations

Working with your Manager(s)

- 2.17) Work with your Manager(s) to ensure that they receive appropriate advice and information on all relevant matters thus enabling them to fulfill their responsibilities, and to effectively monitor plans and targets.
- 2.18) Where accessing external clinical supervision, ensure that the organisation is supplied with all of the information it needs to enable it to make decisions about cases and monitor progress, outcomes and safeguarding
- 2.19) Ensure that all safeguarding concerns are reported internally first in line with the relevant safeguarding policy and procedure, and take direction on actions from the relevant person within the organisation.

Other Duties

- 2.20) Work to CFNE policies and procedures and to implement said policies and procedures.
- 2.21) To undertake any other duties as may be reasonably requested from time to time your Line Manager
- 2.22) It may be necessary to change these duties in accordance with the needs of the job and the project. Existing duties may be changed and new duties may be added. Any changes will be made in consultation with you.

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Personal Specification

	Essential	Desirable
Personal Attributes	<ul style="list-style-type: none"> • Friendly and approachable • Balanced and Fair • Flexible thinking and adaptable to problems. • Motivated and enthusiastic • Hold high standards and integrity • Personal values and beliefs aligned with those of the Charity. 	<ul style="list-style-type: none"> •
Qualifications	<ul style="list-style-type: none"> • Diploma in Psychotherapy/Counselling or counselling psychology or recognised training / qualification in a major psychological therapy approach. • Membership of or registration with an appropriate professional body 	<ul style="list-style-type: none"> • Any additional child/young person focused qualification/training • Accreditation with BACP, BABCP, BAAT, UKCP, BPS or another recognised professional organisation
Experience	<ul style="list-style-type: none"> • At least 1 years clinical experience delivering therapy to children and young people 	<ul style="list-style-type: none"> • Experience working with parents and / or the whole family
Skills	<ul style="list-style-type: none"> • Positive communication skills including active listening and having constructive, meaningful conversations. • Assessment skills including assessment of needs, risk and safeguarding issues and concerns. • Excellent verbal and written communication skills, including telephone skills • Able to develop good therapeutic relationships with children • Computer literate • Ability to learn new models, techniques and interventions and use in practice. 	
Knowledge	<ul style="list-style-type: none"> • Understanding of emotional health and wellbeing and mental health in children and young people • Understanding the importance of family relationships for the wellbeing of children and young people. • Issues that can affect children and young people's mental health and emotional wellbeing. 	<ul style="list-style-type: none"> • Issues that impact on family relationships. •

Changing Futures North East –

	<ul style="list-style-type: none">• Safeguarding of children and vulnerable adults	
Work Related	<ul style="list-style-type: none">• Willing to undertake and complete relevant professional development activities• Ability to travel (only exceptionally would we expect this to be other than own car and current licence)	