

How do I refer families to Parents as Partners?

To refer call **01429 891444** and ask for more information Parents as Partners.

We welcome referrals from a wide range of agencies that know and work with families. For example Children's Centres, Schools, Health Visitors, Voluntary and Community Sector groups and many more.

We want to get as many suitable families as possible engaged on this highly beneficial programme.

Ideally, you will have had permission from both parents before contacting us with a full referral, but if you would like support in approaching parents or a family to talk about Parents as Partners, please let us know.

To make a referral, or for more information please contact:

Admin@changingfuturesne.co.uk

Call: 01429 891 444

A referral form is also available on our website
www.changingfuturesne.co.uk

The Healthy Relationship Partnership

Parents as Partners is one aspect of the work of the Healthy Relationships Partnership.

The partnership is a collection of local voluntary and statutory organisations that support families. The partnership is also supported by others with expertise in supporting family relationships.

Through seeking to make Hartlepool a place where relationships are healthier than anywhere else in the country the Partnership is contributing to the vision for Hartlepool laid out by the Children's Strategic Partnership. The aim is for all children and families to have opportunities to make the most of their life chances and be supported to be safe in their homes and communities.

The Healthy Relationships Partnership is led by Changing Futures North East and has secured investment of over £1.5 million for Hartlepool between 2015 and 2020. The Partnership provides training, support and advice for practitioners and organisations to enable others to effectively support family relationships - especially the parental relationship because of its significant links to child and adult outcomes.

If your organisation or agency is interested in getting involved with the Partnership or becoming a member of our network please email:
martin.todd@hrphartlepool.co.uk



Information for Referrers

Helping parents strengthen their relationship with benefits for the whole family.



A free programme that supports couples and co-parents

For more information contact the Healthy Relationship Partnership (led by Changing Futures North East)

01429 891444

What is Parents as Partners?

Parent as Partners is a free group work programme for parents who want to work together on their relationship in a way that will benefit the whole family. It works with both parents if they are together or separated to work on a range of things that impact on their relationship and family.

Parents as Partners bring both parents together with other couples or co-parents (if separated) in a group for 16 sessions. The group is led by 2 Group Workers, one male and one female. This groupwork programme can help parents to:

- Reduce conflict between them.
- Increase their relationship quality.
- Reduce conflict about the kids.
- Reduce their stress levels associated with parenting.



Who is Parents as Partners for?

- Parents as Partners is suitable for families with a wide range of needs and circumstances;

The programme is aimed at parents who would like to improve their relationship with each other for the benefit for the family, the family might be experiencing stress or be involved with support services and the nature of the relationship between the parents may be an area that requires support.

- Parents must be aged 18 or over, have at least one child under the age of 11 and live in Hartlepool.
- Parents do not have to live together, or even be in a relationship with each other, but should both be willing to work together to think about how they parent their children and behave towards each other.
- Families with a variety of needs, including those with multiple and complex needs, but the programme may be best suited to those who are just beginning to need help or support.
- Families should have no current care proceedings or private family law proceedings.



Parents as Partners Background and Future

The programme is aimed at parents who would like to improve their relationship with each other for the benefit of their children.

Parents must be over 18 years of age and have at least one child under 11 living in the borough.

Parents do not have to live together, or be in a current relationship, but should both be willing to think together about how they parent their children.

Parents must be willing and able to attend group sessions together for 16 weeks

Parents with mental health needs should have a sufficient level of stability to participate with the other parent in a group setting in which personal issues are discussed.

Families should have no current care proceedings or private family law proceedings.

If in doubt, phone one of the team on 01429 891444 to discuss if a family you have in mind might be suitable for referral.

Programmes are delivered in local venues with childcare available to enable parents to attend.